



Saskatchewan
Health Authority

Parent Support Group

Do you have a teenager struggling with substance use?

PSG is a **9 week** psychoeducational group to help parents and guardians with youth that are struggling with all levels of substance use. New topic discussed and built off of each week. Group runs once a week on Thursday's for 9 consecutive weeks.

Starts: January 19, 2023

Ends: March 23, 2023

****No Group on February 23rd****

Time: 5:50pm – 7:30 pm

Where: 715 Queen Street- 2nd Floor

Referral Required

Speak with your teen's YMHAS counsellor, psychiatrist or school to make a referral or call centralized intake at 306.655.7777.

Deadline for Referrals: January 11th at 4pm